



TOI-GYE

The pen name of the noted scholar Yi-Hwang (16th century AD), an authority on neo-Confucianism. The 37 movements of the pattern refer to his birthplace on 37 degrees latitude. The diagram represents “scholar”.

Ready Stance

Towards Left

1. Left Inner Forearm Block
2. Right Low Spear Hand

Left Back Stance
Left Front Stance

Towards Front

3. Right Outer Forearm Block / Left Low Block

Closed Stance

Towards Right

4. Right Inner Forearm Block
5. Left Low Spear Hand

Right Back Stance
Right Front Stance

Towards Front

6. Left Outer Forearm Block / Right Low Block

Closed Stance

Towards Front

7. Low X Block
8. Twin High Punch
9. Right Front Kick
10. Right Lunge Middle Punch
11. Left Reverse Middle Punch

Left Front Stance
Left Front Stance
Right Front Stance
Right Front Stance

Towards Left

12. Hands on Hips
13. Right Leg Raise / Mountain Block
14. Left Leg Raise / Mountain Block

(left foot steps to right) Closed Stance
Sitting Stance
Sitting Stance

Towards Right

15. Left Leg Raise / Mountain Block
16. Right Leg Raise / Mountain Block
17. Left Leg Raise / Mountain Block

Sitting Stance
Sitting Stance
Sitting Stance





TOI-GYE (CONTINUED)

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Towards Left

18. Left Leg Raise / Mountain Block Sitting Stance

Towards Front

19. Left Low Double Inner Forearm Block *(step together & step to)* Left Back Stance

20. Eye Gouge Left Front Stance

21. Right Knee Smash

Towards Back

22. Left Double Knifehand Block Left Back Stance

23. Left Front Kick

24. Left Spear Hand Left Front Stance

25. Right Double Knifehand Block Right Back Stance

26. Right Front Kick

27. Right Spear Hand Right Front Stance

28. Right Backfist / Left Low Block *(step backward to)* Left Back Stance

29. Jump Right Low X Block Right X Stance

30. Right Double Inner Forearm Block Right Front Stance

Towards Left

31. Left Low Double Knifehand Block Left Back Stance

32. Right Inner Forearm Block Left Front Stance

Towards Right

33. Right Low Double Knifehand Block Right Back Stance

34. Left Inner Forearm Block Right Front Stance

35. Right Inner Forearm Block *(pivot to)* Left Front Stance

36. Left Inner Forearm Block *(pivot to)* Right Front Stance

Towards Front

37. Right Middle Punch *(step forward to)* Sitting Stance

