



---

## **PURPLE 2 CURRICULUM - TAEKWONDO / MUAY THAI**

1. Taekwondo Pattern - Yul-Guk (full)

---

## **PURPLE 2 CURRICULUM - JUN FAN / JEET KUNE DO**

Loy Da Series (8-14) —

1. Off Jab - Loy da, to reference, pak sao (fails), jao sao, double jut sao (to switch to left side), biu jee, #1 of Loy Da Series
2. Off Jab - Double jut sao to switch, #2 of Loy Da Series
3. Off Jab - Double jut sao to switch, #3 of Loy Da Series
4. Off Jab - Double jut sao to switch, #4 of Loy Da Series
5. Off Jab - Double jut sao to switch, #5 of Loy Da Series
6. Off Jab - Double jut sao to switch, #6 of Loy Da Series
7. Off Jab - Double jut sao to switch, #7 of Loy Da Series

---

## **PURPLE 2 CURRICULUM - KALI / ESKRIMA / SILAT**

1. Silat - Kenjit Siko
2. KDM - Lock Flow 3
3. Counter to Counter Locking (Soft Dumog)

